

## Primary Care One; Social Prescribing Project Submission Template

**Definition;** Social prescribing, sometimes referred to as community referral, is a means of enabling GPs, nurses and other primary care professionals to refer people to a range of local, non-clinical support. There are many different models for social prescribing, but most involve a link worker or navigator who works with people to access local sources of support (Kings Fund; Feb 2017)

<b>Project Title; Growing the Future</b>
<b>Locality; Health Board; Cluster</b> Located at National Botanic Garden of Wales, Carmarthenshire, but a pan-Wales project
<b>Project Theme</b> Horticulture, Beekeeping, Nature, Wildlife, Health, Well-being, Grow Your Own
<b>Project Lead / Contacts</b> Steffan John, Marketing and Events Officer, <a href="mailto:steffan.john@gardenofwales.org.uk">steffan.john@gardenofwales.org.uk</a> , 01558 667192
<b>Rationale</b> (background and purpose/aim of the project) The project works to promote the importance of plants and gardens for the health and well-being of people, wildlife and the environment. We offer virtual courses (as well as face-to-face pre-COVID) on a variety of horticultural and beekeeping topics.
<b>Project Details</b> (Description of the project; who is involved; how it works; scope with regard to coverage and methodology) Growing the Future is a five-year project to champion Welsh horticulture, plants for pollinators, the protection of wildlife and the virtues of growing plants for food, fun, health and well-being.  The project is based at the National Botanic Garden of Wales but works with 'partner hubs' across Wales to deliver training which include the Centre for Alternative Technology, Machynlleth; Insole Court, Llandaff; the Woodland Skills Centre, Denbighshire and Clydach Community Garden, Swansea.  As well as training, the Growing the Future project has helped establish the pioneering Saving Pollinators Assurance Scheme. Working with the National Botanic Garden and a number of growers and plant nurseries across the UK, plants displaying our Saving Pollinators logo are: proven to support pollinators by the Botanic Garden's research scientists grown without the use of synthetic insecticides and peat compost
<b>Intended Outcomes</b> (potential benefits of the project) Encouraging individuals, community groups etc. to try their hands at gardening and discover how spending time outdoors and reconnecting with nature can have a positive impact on their physical and mental health and well-being.
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<b>Partners</b> (list all partners involved and identify lead agency) National Botanic Garden of Wales (lead), Biophilic Wales, Treborth Botanic Garden, Centre for Alternative Technology, Insole Court, Woodland Skills Centre, Clydach Community Garden, Tyfu Cymru.
<b>Time-frame</b> (Permanent; Fixed Term; Pilot) with start and end date / duration as appropriate: Five-year project ending in June 2022.

<p><b>Commissioning / Funding</b> (Identify all sources of funding) The project has received funding through the Welsh Government Rural Communities – Rural Development Programme 2014-2020, which is funded by the European Agricultural Fund for Rural Development and the Welsh Government.</p>
<p><b>Evaluation / Reporting</b> (identify plans for interval reporting / final evaluation; attach evaluations report/s if available): There will be a final evaluation near the end of the project, with an Interim Project Evaluation report completed and available to view on our website - <a href="https://botanicgarden.wales/science/growing-the-future/interim-project-evaluation/">https://botanicgarden.wales/science/growing-the-future/interim-project-evaluation/</a></p>
<p><b>Future Development Planned</b> (identify potential for roll-out or expansion of the project / service with regard to geographical coverage of service objectives: Continue to deliver training across Wales, whether online or face-to-face. This year will see the launch of our 'Garden in a Box' scheme which will involve growing kits including raised beds, seeds, seed trays and growing information and videos being distributed to community groups. The soon-to-be-announced 'Growing Together' campaign being run in partnership with the Biophilic Wales project will see volunteers growing wildflower seeds at home to be used at Swansea Bay Health Board sites.</p>
<p><b>Sustainability</b> (potential for operational continuation / inclusion as a core service): The Growing the Future project actively promotes sustainability whenever possible. We continually promote gardening without the use of pesticides or peat and encourage participants to reduce, reuse and recycle items while gardening.</p>
<p><b>Supporting Documentation</b> (any additional relevant material that adds to the understanding of the project / service)</p> <p>Growing the Future webpage - <a href="https://botanicgarden.wales/science/growing-the-future/">https://botanicgarden.wales/science/growing-the-future/</a>  Interim Project Evaluation - <a href="https://botanicgarden.wales/science/growing-the-future/interim-project-evaluation/">https://botanicgarden.wales/science/growing-the-future/interim-project-evaluation/</a></p>
<p><b>Acknowledgement</b> (recognition of the provider/s of the information gathered and collated)</p>

Please return form to [PrimaryCare.One@wales.nhs.uk](mailto:PrimaryCare.One@wales.nhs.uk)

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