

Cwm Taf University Health Board;

Cwm Taf (Rhondda); Community Wellbeing Co-ordinator

Project Lead; Contacts;

Rationale; There are more than 56 social groups in Rhondda offering support. The Co-ordinator will aim to match patients to a service that could provide the right solution for their individual needs

Project Details; In partnership with 'Communities First' this pilot within nominated practices in the Cluster delivers solution focused brief interventions. The cluster objective of tackling obesity has informed the focus of the groups which will be preventative in nature. Connecting with a suitable group could help people find new friends and like-minded individuals, or help them to get back into further training and education. Help with financial problems can also relieve the stress which may be at the root of physical symptoms. The service gives GPs and health professionals an extra specialist to whom they can refer their patients to provide extra time and support to address the next steps in your life. The Coordinator is based within surgeries across the Rhondda, holding consultations of 30 minutes duration per patient, attending each practice at least once per fortnight. Referring GPs are able to book an appointment with the Co-ordinator for their patients by email but patients can also self refer directly.

Intended Outcomes; No information currently available

Partners; Cwm Taf University Health Board; Communities First

Time-frame; No information currently available

Future Development Planned; No information currently available

Commissioning / Funding; No information currently available

Evaluation / Reporting; No information currently available

Supporting Documentation; No information currently available

Acknowledgement; Tess Raybould; Cluster Development Manager

Project Status; Patients in GP surgeries across Rhondda are being offered specialist advice on looking after their wellbeing as well as their health following the appointment of a Community Wellbeing Coordinator to link patients to the many local services available.

The service signposts patients to a range of services dealing with issues around housing, benefits, finance, education, learning, employment, training and volunteering. It also offers information about mental health issues, healthy and active lifestyles, the arts, music and creativity, befriending, counselling or other support groups.