Cardiff and Vale University Health Board;

Central Vale; Community Wellbeing Coaches

Project Lead; Contact; No information currently available

Rationale; No information currently available

Project Details; For families / children wanting to improve their well-being, be more active and healthy. Physical activity, mental wellbeing, losing weight, quitting smoking etc are all aspects of daily living that could be addressed within the scheme.

Intended Outcomes; No details currently available

Partners; Colin McMillan Communities First Co-ordinator (Barry Cluster)

Time-frame; Initially as part of the pilot programme; fixed Term currently until 31st March 2016, extended until September 2017– awaiting final confirmation from Welsh Government

Future Development Planned; No details currently available

Commissioning / Funding; No details currently available

Evaluation / Reporting; Initial pilot report produced.

Supporting Documentation; No details currently available

Acknowledgement; Lee Virgo, Cardiff and Vale UHB

Project Status; No details currently available