

# **Cardiff and Vale University Health Board;**

## **Cardiff City and South; Dementia Friendly Cafe**

**Project Lead; Contact;** Alzheimers Society, Contact Anne Mears Rees or CatherineMorgan@srcdc.org.uk

**Rationale;** The purpose of a dementia friendly community is for people with dementia to live independently for as long as possible in a supportive environment. A dementia friendly community is one in which people with dementia are empowered to have high aspirations and feel confident, knowing they can contribute and participate in activities that are meaningful to them and that they have the support from those who live and work around them to enable them to be an active member of the community



**Project Details;** Providing info to carers for someone with Dementia, or for people worried about memory loss. BRG Communities 1st is partnering up with the Alzheimer's Society to help make Butetown, Riverside and Grangetown 'Dementia-Friendly' areas. This means raising awareness of what dementia is and how people can access information, support and services. If you have a connection to someone with dementia and would like to find out more, become actively involved or have a say and help influence the way we deliver services especially within BAME (Black, Asian and Minority Ethnic) communities then please see below:

**Intended Outcomes;**

**Partners;** BRG Communities First, The Alzheimers Society

**Time-frame;** Ongoing

**Future Development Planned;** Since the launch of Dementia Friends in February 2014, 1,600 people in Cardiff and the Vale have become Dementia Friends and that number continues to rise with more people becoming Dementia Friends Champions and delivering the Dementia Friends sessions to others. Cardiff and the Vale are driving forward with their work and are currently in the process of launching their steering group which will support all communities that want to submit action plans and apply for the foundation stage of the Alzheimer's Society's recognition process; Cardiff West and Barry are going to be the first pilot areas to do this.

**Commissioning / Funding;**

**Evaluation / Reporting;** No information currently available

**Supporting Documentation;** No information currently available

**Acknowledgement;** Lee Virgo, Cardiff and Vale UHB

**Project Status;**