

Cardiff and Vale University Health Board;

East Cardiff; Social Prescribing Scheme (Communities First)

Project Lead; Contact; Anna.R@c3sc.org.uk ECLP Communities First Health Lead

Rationale; Communities First is a national project funded by Welsh Government. Its purpose is to provide support for communities and CF Teams work with local community groups and individuals, schools, businesses and others to create positive change in their area. The main is tackling poverty and inequalities. Communities First projects are all linked to *three themes* – **Health, Learning** and **Prosperity**.

East Cardiff, Llanedeyrn and Pentwyn (ECLP) is an area of East Cardiff and can be referred to as the ECLP Cluster. The term 'cluster' is used by Welsh Government and Cardiff Council to refer to this combined area of these communities grouped together. The ECLP Cluster is the biggest in Wales, with a population of 32,000 people.

What is C3SC?; C3SC is short for **Cardiff Third Sector Council** which is a membership organisation open to all voluntary and community organisations (collectively known as the Third Sector) working or based in Cardiff. C3SC is a registered charity and a company limited by guarantee, with an elected Board of Trustees. ECLP Communities First is one of C3SC's current projects. For more information on C3SC, please visit www.c3sc.org.uk

Project Details; Social prescription scheme into East Cardiff Llanedeyrn and Pentwyn Communities First Activities. Social prescription form completed with patients. Patients are contacted by Communities First to discuss their needs and appropriate activities e.g. physical activity initiatives

Intended Outcomes;

Partners; Communities First



ECLP.Leaflet.pdf

Time-frame;

Future Development Planned;

Commissioning / Funding; Cluster monies

Evaluation / Reporting; From August to December 2016 there were a total of 22 referrals (not including those self-referred)

- 86% of referrals come from one surgery
- 50% were contacted up to 3 times with no response
- 50% of referrals where contacted by the Health team
- 80% of the people contacted were booked into initiatives.
- 50% of them actually attended (18% attendance of all the referrals, considered by GP Managers to be higher than other methods used previously in the surgery)
- 51% of the social prescriptions made referrals to Exercise sessions.

Supporting Documentation;

Acknowledgement; Lee Virgo, Cardiff and Vale UHB

Project Status; Overall feedback from health professionals who used the scheme was positive. However, despite identifying ways to promote the scheme and improve engagement by local health professionals, it was decided to suspend the scheme following the discontinuity of Communities First funding. If you wish an update on this please contact Lesley Lloyd@ Lesley.L@c3sc.org.uk