

## Delivering Care Closer to Home

### Blaenau Gwent East Neighbourhood Care Network Plan – 2019/20



#### Our aims are to:-

- Improve the health and wellbeing of the local population.
- Addressing Health inequalities and working to reduce them.
- Reduce the impact of changes to health and social care.
- Ensuring sustainable Primary care services locally.
- Making sure people are supported to stay well at home.
- Wrap flexible care around the person, providing local 'place-based' care.
- Improving access to specialist care in a timely manner if not available locally.
- Provide access to community pharmacy services according to local need
- Listening to local population and adapting to change.
- Recognising that our population is also our staff; supporting well-being recruitment and retention.

#### What are we doing?

- Implementing the **New Model of Primary Care** to meet local needs including additional **nursing, physiotherapy, mental health** roles to improve access and ensure sustainability of local services.
- Mapping and raising awareness of care and advice available through local services such as **community pharmacies, optometry, dental and voluntary sector teams**
- Improving prevention services including **influenza immunization, childhood immunisation, smoking cessation, weight management and exercise schemes**
- Improving services to residents in **Care Homes** through **intergenerational befriending** and **improving medicines management**
- Improving **frailty services** through a graduated care approach with the **Community Resource Team** and new **Frailty Unit** in Ysbty Aneurin Bevan
- Introducing **Compassionate Communities** to further develop patient centred goal setting and care planning

#### How Are We Delivering Change?



#### How will we know if we have made a difference?

We review health and wellbeing outcomes regularly and we learn from feedback from patients, carers and staff

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