Aneurin Bevan University Health Board

Delivering Care Closer to Home

Blaenau Gwent East Neighbourhood Care Network Plan - 2019/20

BLAENAU GWENT EAST NCN

of the local population.

Addressing Health inequalities and working to reduce them.

Improve the health and wellbeing

Our aims are to:-

- Reduce the impact of changes to health and social care.
- Ensuring sustainable Primary care services locally.
- Making sure people are supported to stay well at home.
- Wrap flexible care around the person, providing local 'placebased' care.
- Improving access to specialist care in a timely manner if not available locally.
- Provide access to community pharmacy services according to local need
- Listening to local population and adapting to change.
- Recognising that our population is also our staff; supporting wellbeing recruitment and retention.

Design by Caerphilly South NCN team: Alun, Jon, Eira and Stella

What are we doing?

- Implementing the New Model of Primary Care to meet local needs including additional nursing, physiotherapy, mental health roles to improve access and ensure sustainability of local services.
- Mapping and raising awareness of care and advice available through local services such as community pharmacies, optometry, dental and voluntary sector teams
- Improving prevention services including influenza immunization, childhood immunisation, smoking cessation, weight management and exercise schemes
- Improving services to residents in Care Homes through intergenerational befriending and improving medicines management
- Improving frailty services though a graduated care approach with the Community Resource Team and new Frailty Unit in Ysbty Aneurin Bevan
- Introducing Compassionate Communities to further develop patient centred goal setting and care planning

How Are We Delivering Change?

Work with partners to establish wrap around health and wellbeing services

Use prudent healthcare pathways to improve planned care



Making best use of health and social care building

Understanding local needs and developing effective solutions

Recruit, train & educate our workforce to ensure needs of population met

"Enablers"

- Technology
- Skilled Workforce
 - Partnership Working
- Financial Resource
 - Fit for Purpose **Estate**

Use of preventative, early opportunity and selfmanagement

Use Multidisciplinary Team to undertake active signposting





How will we know if we have made a difference?

We review health and wellbeing outcomes regularly and we learn from feedback from patients, carers and staff